

The Bandera PROPHEET

January 5, 2019

Strive 24's New Year challenge

Strive 24 is giving away a free one year membership. Strive 24 and The Blue Bike Project want to challenge everyone to get up, get out and get active for at least 24 minutes every day.

How to enter for a chance to win:

Pick a favorite activity and start moving. Everyday make a post about how you are staying active and include the following:

1. Check in to Strive 24
2. How much time how many steps or how many my zone points you achieved that day
3. Use one of the following

hashtags [#Strive24](#), [#BluebikeChallenge](#), [#StayActive](#)

After 30 days the person with the most posts, check-ins and hashtags will win.