

The Bandera PROPHEET

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Two Minute Drill
Local sports fast!

By Chris Darus
The Bandera Prophet

Bandera ISD

Bandera ISD, along with just about every other school district in the state, returned to Summer Strength and Conditioning on Monday. High school athletes returned to their regular schedule of workouts at both the high school and the middle school on Monday. Bandera Middle School athletes started conditioning on Tuesday with the boys at the high school softball field and the girls at the middle school.

Future dates for middle school workouts through the month are on July 16, 22, 23, 28 and 30 from 8-9 a.m.

Everyone will need to bring their physical form, waiver and personal water bottle to participate.

"We were excited to start up again after the break. It was a good thing as it let coaches and athletes recharge. I can speak for all of the coaches on our staff when I say we do this for the young men and women that we get to work with as coaches. I know we missed the interaction and connections that come with meeting person to person. We are going above and beyond to do our best to ensure the

safety of our student athletes, that is our top priority. We are following all current UIL guidelines including wearing of masks when not actively exercising," Bandera ISD Athletic Director Joel Fontenot-Amadee said.

To view those UIL guidelines, go to www.uil-texas.org/athletics/covid-19-strength-conditioning-2020

Fall sports

With the uncertainty of school starting on time, on campus and even having any sports in the fall, Bandera ISD is moving forward and planning on starting football, volleyball, cross-country and tennis practices as planned on Aug. 3.

It is a fluid situation with changes coming weekly and as the start dates for school districts near, those changes may be even more frequent.

"As far as the upcoming seasons are concerned, we are planning on August 3 unless the UIL tells us otherwise. We are in an unprecedented situation where we are controlling the things we can and trusting the processes and following the directives given to us by the UIL, TEA and the state. These will give us the best chances of having fall sports," Fontenot-Amadee said.

There have been rumblings that middle and high school fall sports may start late, have partial seasons or be cancelled all together. Fall in Texas without "Friday Night Lights" just doesn't seem right, but it is a possibility.