

The Bandera PROPHEET

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The Latest at the Bandera Library

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The Bandera Library

The holidays are quickly approaching and as we are all carefully nestling in the gifts under our Christmas trees, the Bandera Library would like to give you a little yuletide idea to add to your holiday traditions:

Jolabokaflod!

This is an annual tradition from Iceland and it is the perfect, sweet little custom to add this year. On Christmas Eve, families in Iceland exchange books with each other and spend the evening reading to one another.

While today, we may not wish to spend the entire evening reading (hey, we have Christmas movies to watch). We can set aside a little bit a time after dinner, while our bellies are full, to open a few books and spend moment reading to one another.

This activity is not only great for children, but can also be a quiet way to bond with a spouse, a parent, or any other family member. If you are not around family this year, perhaps setting up a zoom call with a family member to read to them would be special, especially for our grandparents. They would certainly appreciate the gesture.

We have some already wrapped books at the library ready to check out and nestled under your tree, or come by and check out one of your choosing and wrap it over the weekend to be ready for the 24th. Let us use this year to start new traditions to share with our families to insert a little bit of Christmas magic wherever we can.

This year we are bringing back our Adopt-A-Book tree! The book can be your choice or we choose for you. This is the library's version of a Giving Tree and it's one way we use to build up the library's collection. If you want to add to our collection (and have a book with a sticker with

your name on it!) come by the library and adopt a book this year! Our library patrons will thank you for it.

New Releases this Week:

The Mystery of Mrs. Christie: In December 1926, up and coming mystery author, Agatha Christie suddenly disappears. What is left of the clues behind her disappearance are vague: her abandoned car beside a pond with her fur coat left inside. Strange for a chilly night. A manhunt ensues for the author with little information provided by her husband or daughter. Then, as mysteriously as she disappears, Mrs. Christie suddenly reappears claiming amnesia for her eleven days gone. What happened to her during those eleven days? What is her husband not telling the investigators? The queen of mystery finds herself in the middle of a real-life mystery, with her as the main character.

From international best-selling female author, Tara Moss, comes her new book *War Widow* with a brilliant main female character, Billie Walker. After the war in 1946, Billie comes back home to Sydney still dealing with the loss of her father and her husband's disappearance in Europe. Walker decides to open her father's late private investigation business back up and she finds herself in the middle of a dangerous case involving a missing young man from an immigrant family. When the people Walker questions start turning up dead, she is pulled into the investigation led by Detective Inspector Hank Cooper. Will the detective take Billie seriously or will he get in her way? Danger mounts as she realizes that more than the young man's life is at stake, and while the war was won, it certainly is not over.

There is no better time than the start of a new year to implement healthy daily practices. In her new book, *Clean Mind, Clean Body: A 28-Day Plan for Physical, Mental, and Spiritual Self-Care*, author, yogi, and wellness expert Tara Stiles lays out an easy-to-follow step-by-step plan to jumpstart the new year. In four weeks, Tara will take you through all the important aspects in your life: Mental, Spiritual, Diet, Exercise with cleansing exercises for each week. It is the ultimate reset button for yourself, an immersive experience in mental and physical care that has the power to transform your daily self-care routine and habits. This 4-week detox can be easily done at home and is packed with ancient

healing practices and clean living rules for life. *Clean, Mind, Clean Body* is your personal blueprint for physical and spiritual realignment.

Reminders from the Library:

Check out our weekly Library Blog! You can find links to it on our Facebook and website with a new article published every Friday. The blog includes library updates and weekly book recommendations for all ages.

Also, the library will be closed for Christmas, Dec. 24-27. See you all on Monday the 28th.

Merry Christmas Y'all!