

The Bandera PROPHEET

March 29, 2022

Prepped for Life

Course teaches inmates skills to be successful outside jail - planners hope to bring program to Bandera County

March 7 marked the inaugural completion of the *Prepped for Life* course for the female inmates at the Kendall County Jail. Supported by Sheriff Al Auxier and Lieutenant Robert Green, *Prepped for Life* is a ministry of the Christian Job Corps of Kendall County. The first of its kind in Kendall County, this course provides life skills and behavioral management training for the women.

Six seasoned instructors volunteered their time to teach and empower the women over the five-week training inside the jail. The goal of the course is to help the women become healthier, happier, more productive citizens by providing the knowledge necessary for them to deal with the deepest issues in their life that may be causing them difficulties.

“Six women completed the training stronger and better equipped for life. Three other women were unable to complete the course due to prison transfers,” CJC Programs Coordinator Monay Boring said.

A three-time repeat offender said, “I learned so much, I have never received any kind of teaching like this before.”

CJC’s plan is to train new female inmates year-round with the ultimate goal to reduce recidivism. CJC and HC Family Services are working together with the Kendall County Jail to identify and fill the gaps for the female inmates when they exit the jail. CJC also provides job and life-skills classes for women on probation and any other women in the community.

To volunteer, attend, or learn more about CWJC of Bandera County, email them at CWJCBC@yahoo.com or call 830-326-1457, or visit www.fcbandera.com/cwjc or their Facebook page CWJCBC. Contact

CJC of Kendall County at CJCBoerne.org, email CJC@CJCBoerne.org,
or call the main office at 830-331-9916.